



YOUR PARTNER IN THE MOUNTAINS

Cirque Scramblers Rock Climbing Gear List

Please email us at info@cirqueguides.com if you have any further questions.

Upper body Layer options

- ☐ Tee Shirts (wool, synthetic, cotton)
- ☐ Long sleeve shirts (wool, synthetic, cotton)
- ☐ Light fleece
- ☐ Windbreaker/rain jacket
- ☐ Light puff jacket, should stuff into its own pocket with loop to clip to harness

Lower body Layer options

- ☐ Comfortable pants
- ☐ Shorts that work well to wear with harness
 - ☐ i.e not too short

Other Clothing options

- ☐ Thin beanie/hat to fit under helmet *if cold*
- ☐ Sun glasses
- ☐ Baseball cap
- ☐ A good pair of trail/approach shoes

Climbing

- ☐ Small backpack for layers, snacks, other personal items
- ☐ Climbing shoes
- ☐ Helmet (provided by Cirque)
- ☐ Harness (provided by Cirque)

Personal

- ☐ Water bottle
- ☐ Sunscreen, chapstick
- ☐ Epi-Pen or other personal medication as needed

Snacks for the afternoon (trail mix, fruit, etc.)